



# MASTER CHOI'S OLYMPIC TAEKWONDO

## 2022 Summer Camp Schedule

Dates: **June 13 – August 26**

WEEK	DATES
Week 1	June 13 – June 17
Week 2	June 20 – June 24
Week 3	June 27 – July 1
<b>BREAK</b>	<b>July 4 – July 8   NO CAMP</b>
Week 4	July 11 – July 15
Week 5	July 25 - July 29
Week 6	August 8 - 12
Week 7	August 15 – 19
Week 8	August 22 - 26

AGES | **5+** TIMES | **8:30 AM – 5:00 PM Daily**

**PLEASE NOTE! WEEKLY FIELD TRIPS HAVE  
ADDITIONAL FEES - SEE DAILY SCHEDULE**

### ON FIELD TRIP DAYS:

Please wear **sneakers, socks, + MCOT T-Shirt**

Campers must put their names on **ALL** personal items!

Please pack all extra items in one bag!

**\*SOME ACTIVITIES REQUIRE WAVERS.**

**SEE LAST PAGE FOR MORE INFORMATION**


**\*If COVID-19 is not better, we will need  
to change the schedule. Please checking!**



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# Daily Schedule – Week 1 | June 13 – 17

	6/13	6/14	6/15	6/16	6/17
Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 AM	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time
9:00 AM	Mathmatics Class	Mathmatics Class	Learn Korean Language	Mathmatics Class	Mathmatics Class
10:00 AM	Soccer Class	Library	Disc Golf	*Fee Per Child - \$18	Taekwon Dance Class
11:00 AM					
12:00 PM	Lunch Time	Lunch Time	Lunch Time		Lunch Time
1:00 PM	Reading Time	Reading Time	Reading Time		Reading Time
2:00 PM	Movie	Kids Boot Camp	Team Games		Arts + Crafts
3:00 PM					
4:00 PM	Taekwondo Class	Weapons Class	Taekwondo Class	Self Defense Class	Taekwondo Class
4:30 PM	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time
5:00 PM	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins



\*Due to COVID-19 restrictions, this schedule may be subject to change

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# Daily Schedule – Week 2 | June 20 – 24

	6/20	6/21	6/22	6/23	6/24
Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 AM	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time
9:00 AM	Mathmatics Class	Mathmatics Class	Learn Korean Language	Mathmatics Class	Mathmatics Class
10:00 AM	Soccer Class	Library	Swimming Pool (Bring swimsuit, towel, and a bag for wet clothes)	*Fee Per Child Ages 11-under -\$15 Ages 12+ - \$10  	Dance Class (Hip Hop, Taekwon, etc.)
11:00 AM					
12:00 PM	Lunch Time	Lunch Time	Lunch Time		Lunch Time
1:00 PM	Reading Time	Reading Time	Reading Time		Reading Time
2:00 PM	Movie	Kids Boot Camp	Team Games		Arts + Crafts
3:00 PM					
4:00 PM	Taekwondo Class	Weapons Class	Taekwondo Class	Self Defense Class	Taekwondo Class
4:30 PM	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time
5:00 PM	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins


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# Daily Schedule – Week 3 | June 27 – July 1

	6/27	6/28	6/29	6/30	7/1
Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 AM	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time
9:00 AM	Mathmatics Class	Mathmatics Class	Learn Korean Language	Mathmatics Class	Mathmatics Class
10:00 AM	Soccer Class	Library	Disc Golf	*Fee Per Child - \$18	Dance Class (Hip Hop, Taekwon, etc.)
11:00 AM					
12:00 PM	Lunch Time	Lunch Time	Lunch Time	 Wear Swimsuit! *Bring lunch, towel, change of clothes, + bag for swimsuit	Lunch Time
1:00 PM	Reading Time	Reading Time	Reading Time		Reading Time
2:00 PM	Movie	Kids Boot Camp	Team Games		Arts + Crafts
3:00 PM					
4:00 PM	Taekwondo Class	Weapons Class	Taekwondo Class	Self Defense Class	Taekwondo Class
4:30 PM	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time
5:00 PM	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins

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# Daily Schedule – Week 4 | July 11 – 15

	7/11	7/12	7/13	7/14	7/15
Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 AM	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time
9:00 AM	Mathmatics Class	Mathmatics Class	Learn Korean Language	Mathmatics Class	Mathmatics Class
10:00 AM	Soccer Class	Library	Swimming Pool (Bring swimsuit, towel, and a bag for wet clothes)	*AGES 7+	Dance Class (Hip Hop, Taekwon, etc.)
11:00 AM				*Fee Per Child - \$25	
12:00 PM	Lunch Time	Lunch Time	Lunch Time	 *Socks, sneakers, long pants, + GLOVES required!	Lunch Time
1:00 PM	Reading Time	Reading Time	Reading Time		Reading Time
2:00 PM	Movie	Kids Boot Camp	Team Games		Arts + Crafts
3:00 PM					
4:00 PM	Taekwondo Class	Weapons Class	Taekwondo Class	Self Defense Class	Taekwondo Class
4:30 PM	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time
5:00 PM	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins


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# Daily Schedule – Week 5 | July 25 – 29

	7/25	7/26	7/27	7/28	7/29
Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 AM	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time
9:00 AM	Mathmatics Class	Mathmatics Class	Learn Korean Language	Mathmatics Class	Mathmatics Class
10:00 AM	Soccer Class	Library	Swimming Pool (Bring swimsuit, towel, and a bag for wet clothes)	*Fee Per Child - \$20	Dance Class (Hip Hop, Taekwon, etc.)
11:00 AM					
12:00 PM	Lunch Time	Lunch Time	Lunch Time		Lunch Time
1:00 PM	Reading Time	Reading Time	Reading Time		Reading Time
2:00 PM	Movie	Kids Boot Camp	Team Games		Arts + Crafts
3:00 PM					
4:00 PM	Taekwondo Class	Weapons Class	Taekwondo Class	Self Defense Class	Taekwondo Class
4:30 PM	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time
5:00 PM	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins


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# Daily Schedule – Week 6 | Aug 8 – 12

	8/8	8/9	8/10	8/11	8/12
Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 AM	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time
9:00 AM	Mathmatics Class	Mathmatics Class	Learn Korean Language	Mathmatics Class	Mathmatics Class
10:00 AM	Soccer Class	Library	Disc Golf	*Fee Per Child - \$18	Dance Class (Hip Hop, Taekwon, etc.)
11:00 AM					
12:00 PM	Lunch Time	Lunch Time	Lunch Time	 Wear Swimsuit! *Bring lunch, towel, change of clothes, + bag for swimsuit	Lunch Time
1:00 PM	Reading Time	Reading Time	Reading Time		Reading Time
2:00 PM	Movie	Kids Boot Camp	Team Games		Arts + Crafts
3:00 PM					
4:00 PM	Taekwondo Class	Weapons Class	Taekwondo Class	Self Defense Class	Taekwondo Class
4:30 PM	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time
5:00 PM	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins


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# Daily Schedule – Week 7 | August 15 –19

	8/15	8/16	8/17	8/18	8/19
Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 AM	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time
9:00 AM	Mathmatics Class	Mathmatics Class	Learn Korean Language	Mathmatics Class	Mathmatics Class
10:00 AM	Soccer Class	Library	Swimming Pool (Bring swimsuit, towel, and a bag for wet clothes)	*Fee Per Child Ages 6-under -\$18 Ages 7+ - \$24   *Socks + sneakers required!	Dance Class (Hip Hop, Taekwon, etc.)
11:00 AM					
12:00 PM	Lunch Time	Lunch Time	Lunch Time		Lunch Time
1:00 PM	Reading Time	Reading Time	Reading Time		Reading Time
2:00 PM	Movie	Kids Boot Camp	Team Games		Arts + Crafts
3:00 PM					
4:00 PM	Taekwondo Class	Weapons Class	Taekwondo Class	Self Defense Class	Taekwondo Class
4:30 PM	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time
5:00 PM	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins

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# Daily Schedule – Week 8 | August 22 – 26

	8/22	8/23	8/24	8/25	8/26
Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 AM	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time	Drop-off + Free Time
9:00 AM	Mathmatics Class	Mathmatics Class	Learn Korean Language	Mathmatics Class	Mathmatics Class
10:00 AM	Soccer Class	Library	Disc Golf	*Fee Per Child - \$9	Dance Class (Hip Hop, Taekwon, etc.)
11:00 AM					
12:00 PM	Lunch Time	Lunch Time	Lunch Time		Lunch Time
1:00 PM	Reading Time	Reading Time	Reading Time		Reading Time
2:00 PM	Movie	Kids Boot Camp	Team Games		Arts + Crafts
3:00 PM					
4:00 PM	Taekwondo Class	Weapons Class	Taekwondo Class	Self Defense Class	Taekwondo Class
4:30 PM	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time	Afternoon Snack Pick-up + Free Time
5:00 PM	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins	Regular Taekwondo Class Begins

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# Field Trip Information

## Week 1 | Musuem of Life and Science

Durham, NC

Fee Per Child - **\$18**

**PLEASE WEAR:** Socks,  
Sneakers, + MCOT T-Shirt

## Week 2 | Triangle Rock Club

Morrisville, NC

Fee Per Child

Ages 11-under - **\$15**

Ages 12+ - **\$10**

**PLEASE WEAR:** Socks,  
Sneakers, + MCOT T-Shirt

**\*SIGNED WAIVER REQUIRED**

[https://www.trianglerockclub.com/morris-](https://www.trianglerockclub.com/morrisville/about/faqs/)

[ville/about/faqs/](https://www.trianglerockclub.com/morrisville/about/faqs/)

## Week 3 | Tucker Lake

Benson, NC

Fee Per Child - **\$10**

**PLEASE WEAR:** Swimsuit  
**BRING:** Lunch, towel, change  
of clothes, + bag for wet clothes

## Week 4 | Tree Runner Adventure Park

Raleigh, NC

Fee Per Child - **\$25**

(Optional) Gloves -**\$5**

**\*AGES 7+**

**PLEASE WEAR:** Socks, Sneakers,  
MCOT T-Shirt, long pants, + **GLOVES**  
(Gardening gloves work fine!)

**\*SIGNED WAIVER REQUIRED**

<https://treerunnerparks.com/raleigh/>

## Week 5 | Frankies

Raleigh, NC

Fee Per Child - **\$20**

**PLEASE WEAR:** Socks,  
Sneakers, + MCOT T-Shirt

## Week 6 | Tucker Lake

Benson, NC

Fee Per Child - **\$10**

**PLEASE WEAR:** Swimsuit  
**BRING:** Lunch, towel, change  
of clothes, + bag for wet  
clothes

**\*SIGNED WAIVER REQUIRED**

<https://haveablast.roller.app/defyraleigh/waiver/#/>

## Week 7 | DEFY Extreme Air Sports

Raleigh, NC

Fee Per Child

Ages 6-under - **\$18**

Ages 7+ - **\$24**

**PLEASE WEAR:** Socks,  
Sneakers, + MCOT T-Shirt

## Week 8 | Marbles Kids Museumv

Raleigh, NC

Fee Per Child - **\$9**

**PLEASE WEAR:** Socks,  
Sneakers, + MCOT T-Shirt

**\*We will alert you of any  
change of schedule due  
to COVID-19 restrictions**

